

MESSAGE FROM THE EXECUTIVE DIRECTOR

In 2014 The Guidance Center made great strides toward the goal of providing integrated health care (primary care and mental health/addiction care). For far too long there has been a separation of these services while it is well known that mental health affects physical health and vice versa.



With the implementation of Health Homes for Seriously and Persistently mentally ill clients we are now responsible for coordinating the health, dental, and behavioral health services these clients need. We have enrolled nearly 300 Medicaid eligible patients in this program thus far and we are already beginning to see improvements in their overall health, as well as a reduction of their use of expensive emergency room care and even hospitalization.

By helping our clients to get and stay on healthy medication regimens, as well starting as healthy eating and exercise programs we can help to improve their day to day functioning and their life expectancy. We now have four members of our staff who are licensed nurses providing comprehensive health reviews and developing overarching health action plans. Further, we have Care Coordinators assisting clients to connect to community physicians, hospitals, specialty clinics and therapy services. We have not duplicated the health provider resources in the community but have merely made them more accessible to the clients who need them.

In addition to this important project TGC has engaged in a major culture shift by creating an environment that encourages our staff to live healthier lifestyles as well. We have created a Staff Health Improvement committee and they have launched a number of health initiatives to assist our staff to lose weight, improve exercise, quit smoking, and eat healthier. We feel that we need to be role models for the clients who seek our help....practice what we preach so to speak.

Consistent with our health initiatives, all TGC facilities and campuses are now completely smoke free. We have seen a number of clients and staff members quit smoking as a result of our efforts and we hope to see more quit as well. We offer smoking cessation classes for staff and clients alike and have even committed financial resources to help them to achieve their goal.

We have engaged a Health Psychologist to consult with our staff and clients to create curriculums to educate our clients and staff and to remove barriers that might otherwise hinder progress toward a healthier life.

We hope that 2015 will bring even more resources to our health initiatives so that we can provide services to more and more of our community members. Remember, this is **your** community mental health center and we hope you will call us when you need us. It is a pleasure to serve you and your families.

Keith Rickard

TGC EXECUTIVE TEAM

Executive Director -
Keith Rickard, MS.LCP, MBA

Medical Director -
William Warnes, MD

Operations Director -
Kate Werring, LCSW, ACSW

Clinical Director -
David Barnum, Ph.D.

Community Based Services Director
Samantha Adams, LMSW

CSS Director-
Steve Stal, LMSW

Finance Director -
Jerry McDonald, MA

Information Systems Director -
Erik Nyberg, MHSA

Human Resource Director -
Kristin Robinson, PHR

Community Relations Director
Vicky Kaaz

2014 DONORS

The Guidance Center Staff and Board of Directors wish to express our gratitude to the individuals and businesses who provide financial support to The Guidance Center. Your 2014 contribution will enable us to provide prevention and education services for individuals and families in our communities.

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Exchange National Bank

Geiger Ready Mix

Reilly Holding Company

Dr. William Warnes

Mutual Savings Association

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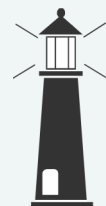
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Dr. David Barnum

David Rohr

Dwayne and Ingrid Armstrong

Armstead RFS



THE GUIDANCE CENTER

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201 Main Street, Atchison, KS 66002 - 913-367-1593
1102 Walnut, Oskaloosa, KS 66066 - 785-863-2929

www.mytgc.org



Promoting Healthy Communities by providing integrated behavioral health care services and partnering in the delivery of general healthcare to those we serve.



When "I" is replaced with "We" even Illness becomes Wellness.

2014 ANNUAL REPORT

2014 BOARD OF DIRECTORS

Atchison County Jim Krone Dr. Steve Meirose Dr. Paul Moccia Aggie Asher	Jefferson County Pat Happer Dr. Loren Lutes, Treasurer Dr. Tim Marshall Ron Langston	Leavenworth County Jay Byrne, President Jerry Gies, Secretary Kathryn Meyer, Vice President Laura Batson
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CLIENTS SERVED BY COUNTY (UNDUPLICATED)	2013	2014
Atchison County Residents	1,061	1,186
Jefferson County Residents	597	720
Leavenworth County Residents	2,751	3,132
Out of County Residents	519	535
TOTAL SERVED EXCLUDING NON-COUNTY RESIDENTS	4,425	5,022
TOTAL SERVED	4,944	5,557

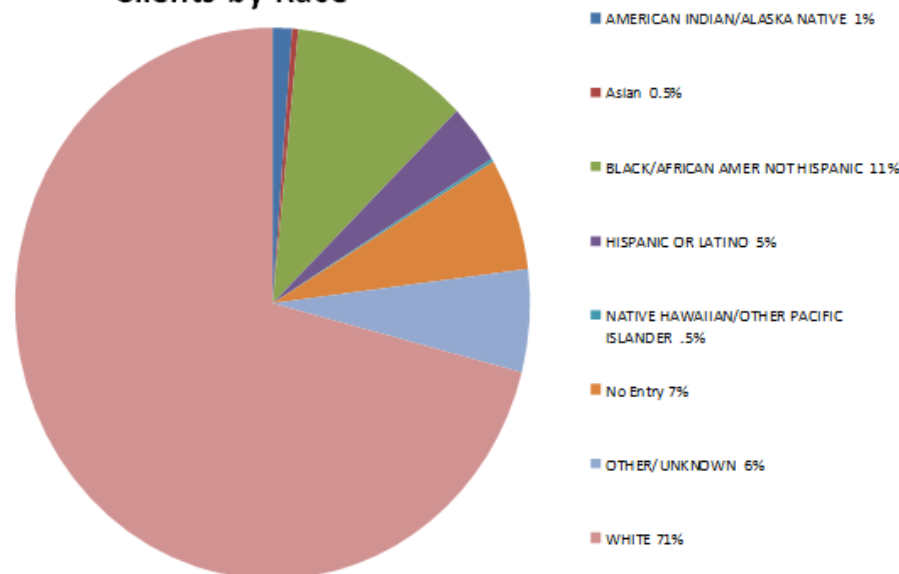
Hours by Location

Leavenworth	90,910
Atchison	45,105
Oskaloosa	21,913
Others	15,447
Total	173,375

Clients by Age and County

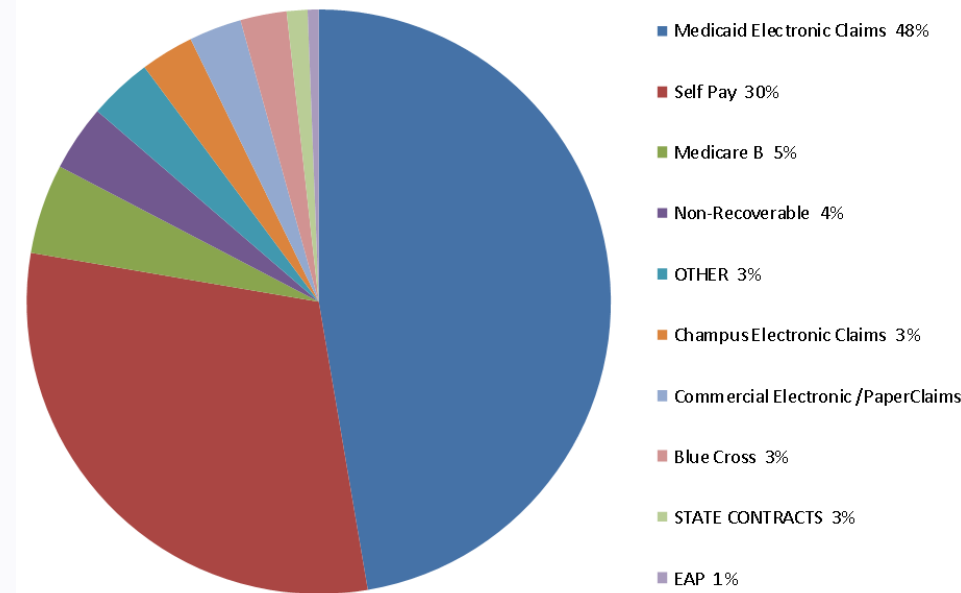
	0-5	6-11	12-18	19-30	31-40	41-50	51-64	65+
ATCHISON	62	237	262	269	165	121	131	31
LEAVENWORTH	83	423	717	782	667	484	467	123
OSKALOOSA	13	131	167	111	87	74	87	24
Total	158	791	1,146	1,162	919	679	685	178

Clients by Race



The Guidance Center provided behavioral health services for 5,557 individuals in 2014. Of those seen, 1,588 were uninsured, and received services based upon a slide fee scale.

Revenue/Claims Paid

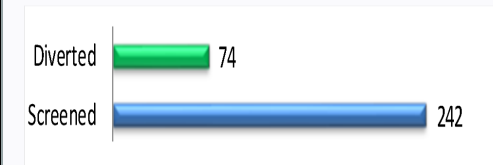


Summary of Operating Expenses and Revenue

Revenue	2014	2013
For services provided, TGC billed clients:	\$12,207,179	\$11,000,670
But because of required contractual and other allowances, and the inability of patients to pay in full, TGC wrote off:	\$3,906,172	\$2,908,293
Therefore net from patient services were:	\$8,301,007	\$8,092,377
In addition TGC received:		
State Aid	\$323,826	\$323,826
County Taxes	\$203,667	\$192,790
Grants & Other	\$1,128,826	\$1,045,694
Total Operating Revenue:	\$9,957,326	\$9,654,687
Operating Expenses		
TGC Paid:		
For Salaries, Wages, and Employee Benefits	\$8,181,455	\$7,778,622
Supply and ancillary services, and depreciation	\$1,984,595	\$1,786,334
Total Operating Expenses:	\$10,166,050	\$9,564,956
Excess of Revenue Over Expenses	(\$208,724)	\$89,731

The cost for hospitalization at a state supported facility, is \$632.00 per day. The average length of stay is 12 days. The cost of community based services averages \$125 per day. By diverting 74 individuals from hospitalization at the State Hospital, TGC saved tax payers approximately \$450,000.

Emergency Services



In 2014 TGC was awarded five grants totaling \$141,000:

- A \$100,000 grant from the Kansas Health Foundation to improve the health outcomes for our staff and individuals with mental illnesses in our communities
- A \$25,000 accreditation grant from the American Psychological Association
- A \$5,000 grant from the Courtney S. Turner Trust to expand psychiatry time
- A \$7,000 suicide prevention grant from the State of Kansas
- A \$4,000 KDOT 5310 Operating grant

In 2014 TGC expanded School based services into the USD 463 School District

TGC encourages its staff to work toward building relationships and creating partnerships in the communities we serve. TGC staff were actively involved in our local communities in 2014 through active participation on child abuse prevention councils, human service councils, community anti-drug coalitions, disaster response taskforces, health clinics, homeless initiatives and service clubs.

Clients by Diagnosis

